



National Ambulance Service
Community Engagement Headquarters
North Point House
North Point Business Park
Old Mallow Road
Cork
T23 AT2P

December 5th, 2024

Re: International Volunteer Day 2024

Dear CFR volunteer

May I wish you all a very happy International Volunteer Day 2024 and commend you for all that you do on a daily basis to help your communities. Your efforts have not gone unnoticed and are held in high regard by NAS senior management.

The 2023 Out of Hospital Cardiac Arrest Registry Report has clearly documented the great work being done by CFRs nationally, with the following data been made available,

- CPR was initiated by CFR's in 8% of cases (n=220/2,795)
- CFR's first applied defibrillators pads in 13% of cases (n=386/2,853)
- In those patients that were defibrillated, the first shock was delivered by CFR's in 14% of cases (n=131/910)
- 24% of cases that received their first shock by CFR's were discharged alive (n=31/131).

This data really demonstrates the importance of CFR schemes and the very important work that you all do as volunteers. Within the last week alone, I have been made aware of three cardiac arrest calls attended by CFRs where there was a successful outcome for the patient, first response was key to their survival.

A study published in the Journal of Happiness Studies found that people who volunteer are happier than those who do not. To me, this means that CFR volunteers must be the happiest people in the world given the added bonus of being able to save lives in their communities. There is no better feeling than being able to contribute to a life saved.

You are all truly amazing people and on behalf of the National Ambulance Service and the Community Engagement Team, I thank you sincerely.

Kind regards,

Community Engagement Manager
National Ambulance Service
Gerard.odea@hse.ie

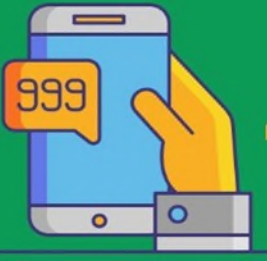




CFR NETWORK



VOLUNTEERING IN NUMBERS



OVER
12000

**VOLUNTEER RESPONSES
TO INCIDENTS ANNUALLY
IN LOCAL COMMUNITIES**

309

Live CFR Groups



**Over 4000
First responders**



**Over 600 off duty
NAS Staff responders**



**Over 400 Volunteer
Community First Responder
Instructors**

**THANK
YOU**



**24% of cases with CFR 1st
Shock Survived**

